



Hana Tošnarová is a senior nurse and university lecturer specializing in psychiatric nursing. She holds degrees in Nursing Science (Bc.), Health and Social Organization Management (Mgr.), and a Ph.D. in Applied Ethics from Charles University in Prague. Additionally, she completed specialized education in psychiatric care and earned an MBA in Professional Coaching. Her diverse international training includes internships in Sweden, the Netherlands, the USA, and Italy, focusing on public health, mental health services, and social psychiatry. Over her career, she has held various clinical and leadership roles, from general nurse to head nurse at the Psychiatric Hospital Bohnice, where she currently leads nursing operations. Since 2012, she has also worked as an academic, shaping future healthcare professionals through research and teaching.

Hana has published extensively in the fields of psychiatric nursing, ethics in healthcare, and stigma in mental health. She has also contributed to textbooks and led educational projects focusing on innovation in mental healthcare. In addition to her clinical and academic roles, she has been active in professional coaching, crisis intervention, and special education programs. She serves on examination boards, university committees, and is a member of the Czech Nurses Association. Her work reflects a deep commitment to meaningful, human-centered care. Her motto: "Keep not only your eyes, but also your mind and ears open."

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